

Public and Private Health Insurance Solutions



With the ongoing evolution in health insurance systems, executives and policymakers in the Gulf Cooperation Council will encounter new challenges as they develop payment systems, assess quality, manage costs, and train health insurance managers. For both the private and public sectors, RTI International offers decades of rigorous science and broad practical experience in developing health insurance systems to improve efficiency, quality of care, and financial sustainability.

For health insurance innovations in the Gulf Cooperation Council, RTI is a trusted government and private-sector partner that has conducted dozens of health insurance optimization and implementation projects in many different countries. With more than 50 years of global experience, we understand the best practices and—more importantly—how to adapt the best practices to develop creative, evidence-based solutions to fit your specific health care system, policy environment, and social and cultural context.

Notably, we can provide you with the following services and solutions as your new health insurance policies and systems unfold:

Payment Methods for Hospitals, Clinics, Physicians, and Other Health Care Services

Sustainability of health insurance systems depends on having carefully designed payment methods for different types of health care providers that include incentives for both cost containment and quality improvement. We offer solutions for

- Developing payment systems for fee-for-service, diagnosis-related groups, episode-based payment, bundled payments, and capitation
- Paying for quality
- Implementation planning, testing, and monitoring.

Quality Measurement

Paying for quality and improving quality of care requires accurate measurement and reliable data. We offer extensive practical experience and solutions for quality measurement systems development and implementation, including

- Selecting the right mix of input, process, and outcome quality measures
- Implementing patient safety assurance measures
- Setting benchmarks for quality improvement
- Quality data collection systems and validation procedures
- Evaluating quality performance for hospitals, clinics, and physicians
- Confidential and public reporting of quality results.

Cost Containment

Viable health insurance systems need to understand cost drivers so they can manage them. We work closely with health insurance systems to analyze cost patterns and variations across patients, providers, and regions, and to identify cost containment opportunities. Our expertise includes

- Analyzing costs by patient populations and disease types
- Monitoring cost trends

- Designing cost containment methods for hospitals, clinics, and physicians
- Projecting future costs.

Training

Managing health insurance systems requires staff highly trained in multiple disciplines. We offer practical and effective training in

- Principles of health services payment systems design and implementation
- Strategies for quality measurement
- Health services coding and terminology
- Analytic and statistical methods for monitoring and evaluation
- Data quality testing and improvement.

More Information

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